

**This topic guide is not exhaustive but will guide the conversation with the patient.**

**Illness reflection questions (bio-psycho-social approach)**

Would you say that you have a good understanding of your condition?

Would you be able to describe (your understanding of) your condition to somebody else?

Can you describe how you feel about your condition?

If I asked you about your physical health, relative to your condition, what would you say to me?

If I asked you about your mental health relative to your condition, what would you say to me?

Would you say you are able to cope well with your condition?

What type of attitude do you have towards your condition?

Are their lifestyle factors, e.g. that are a struggle for you because of your condition?

Do you think if you were more financially better off your condition or treatment of your condition would be different?

How do your colleagues respond to your condition?

How do your friends and family respond?

Does your illness cause you additional stress and worry?

Does your condition affect your personal relationships?

Has your illness had an impact on your social life?

Does your condition affect your self-esteem?

Do you feel there is anything further you can do to improve your condition apart from following your treatment plan?

In terms of your overall treatment plan, are you happy with it or would you like to change it in some way?

If you thought there was a new experimental drug being tested, would you be tempted to enrol for the study as a participant?

If there was a new therapy, e.g., counselling etc. would you be tempted to enrol for the study as a participant?

What do you understand about clinical trials?

Are you aware of any clinical trials that have been conducted on your condition?

What do you understand about informed consent for clinical trial participation?

Do you think there is enough research being carried out on your condition?

What would you like to know about clinical trials prior to participation?

## Topic Guide for Intervention (one-to-one patient consultation)



With your condition what would your main concerns be about participating in a clinical trial

Are you aware of any of the potential benefits of participating in a clinical trial? For example, any of the physical benefits, social benefits or psychological benefits

Would you be willing to participate in a clinical trial? Why/why not.

Is there anything that could be put in place to reassure you when deciding to participate?